



**IG MENAI OPEN 2016 Draft Timetable
TIMETABLE**

| TRACK | | | FIELD | | |
|-----------|--------------|--------------------|-----------|-------------------------|-----------------|
| 11.00am | 3000m | All | 11.00am | Shot | U11G/U11B |
| | | | | Long Jump(pit 1) | U13G |
| | | | | Long Jump(pit 2) | U15G/U15B |
| 11.30am | 70mH | U13G | | | |
| | 75mH | U13B/U15G | | | |
| | 80mH | U15B/U17W | | | |
| | 100mH | U17M/U20W | | | |
| | 110mH | U20M/SW/SM/MW/MM | | | |
| 12.00noon | 800m | U11G | 12.00noon | Shot | U13B/U13G |
| | 800m | U11B | | Long Jump(pit 1) | U11G/U11B |
| | 800m | U13G | | Javelin | U17M/U20M/SM/MM |
| | 800m | U13B | | | |
| | 800m | U15G | | | |
| | 800m | U15B/U17M | | | |
| | 800m | U17W/U20W/SW/MW | | | |
| | 800m | U20M/SM/MM | | | |
| 1.00pm | 75m | U11G | 1.00pm | Shot | U17W/U20W/SW/MW |
| | 75m | U11B | | Javelin | U13B/U15B |
| | 100m | U13G | | Long Jump(pit 2) | U13B |
| | 100m | U13B | | | |
| | 100m | U15G | | | |
| | 100m | U15B | | | |
| | 100m | U17W | | | |
| | 100m | U17M/U20M | | | |
| | 100m | U20W/SW/MW | | | |
| | 100m | SM/MM | | | |
| 1.30pm | LUNCH | BREAK | | | |
| 2.00pm | 75m | Finals as required | 2.00pm | Long Jump(pit 1) | U17M/U20M/SM/MM |
| | 100m | Finals as required | | Long Jump(pit 2) | U17W/U20W/SW/MW |
| 2.10pm | 300m | U15G/U15B | | | |
| | 300m | U17W | | | |
| | 400m | U20W/SW/MW | | | |
| | 400m | U17M/U20M/MW/MM | | | |
| 2.30pm | 150m | U11G | | | |
| | 150m | U11B | | | |
| 3.00pm | 200m | U13G | 3.00pm | Javelin | U13G/U15G |
| | 200m | U13B | | Shot | U17M/U20M/SM/MM |
| | 200m | U15G | | | |
| | 200m | U15B | | | |
| | 200m | U17W | | | |
| | 200m | U17M/U20M | | | |
| | 200m | U20W/SW/MW | | | |
| | 200m | SM/MM | | | |
| 3.30pm | 1500m | U13G | | | |
| | 1500m | U13B | | | |
| | 1500m | U15G | | | |
| | 1500m | U15B | | | |
| | 1500m | U17W/U20W/SW/MW | | | |
| | 1500m | U17M/U20M/SM/MM | | | |
| 4.00pm | 150m | Finals as required | 4.00pm | Shot | U15G/U15B |
| | 200m | Finals as required | | Javelin | U17W/U20W/SW/MW |

Field Events: U11s & U13s - 3 trials in throws and long jump, U15s & U17s - 4 trials, U20s & Seniors 3 attempts (plus 3 further attempts for top 8)
Sprints: Finals will be held at heat time if 8 or less entrants per age group.