

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Silver Menu Spring 2019

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 7 th Jan 28 th Jan 18 th Feb 18 th Mar 8 th April	Main	Hot Dog with Tomato Sauce and Homemade Jacket Wedges	Lasagne with Garlic Bread	Roast Pork with Apple Sauce, Mashed Potatoes and Gravy	Chicken Curry with Rice	MSC Breaded Fish With Chipped Potatoes, Tomato Sauce
	Vegetarian	Pasta with a Selection of toppings	Jacket Potato with a selection of toppings	Pasta with a selection of toppings	Jacket Potato with a selection of toppings	Pasta with a selection of toppings
	Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal vegetables	Seasonal vegetables	Baked Beans or Garden Peas
	Dessert	Apple Crumble with Custard or Fresh Fruit	Fruity Flapjack or Fresh Fruit	Chocolate Muffin or Fresh Fruit	Pineapple Upside down Cake with Custard or Fresh Fruit	Welsh Cakes or Fresh Fruit
Week 2 14 th Jan 5 th Feb 4 th Mar 25 th Mar	Main	Pasta in Tomato Sauce with a choice of Salmon and Tuna	Chicken Stir-Fry with Rice	Roast Turkey with Stuffing, Roast Potatoes & Gravy	Spaghetti Bolognaise	Fishwich Chipped Potatoes, Tomato Sauce
	Vegetarian	Jacket Potato with a selection of toppings	Pasta with a Selection of toppings	Pasta with a Selection of toppings	Jacket Potato with a selection of toppings	Pasta with a Selection of toppings
	Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal vegetables	Seasonal vegetables	Baked Beans or Garden Peas
	Dessert	Chocolate Shortbread or Fresh Fruit	Banana Sponge & Custard or Fresh Fruit	Apple, Cheese and Biscuits or Fresh Fruit	Fruit Crumble & Custard or Fresh Fruit	Chocolate Crunch Cake or Fresh Fruit
Week 3 21 st Jan 11 th Feb 11 th Mar 1 st April	Main	Cheese and Pepper Pizza with Potato Wedges	Beef and Vegetable Hotpot with Sliced Potatoes	Roast Gammon with Mashed Potatoes and Gravy	Chicken Enchiladas & Rice	MSC Salmon Fish Fingers with Chipped Potatoes, Tomato Sauce
	Vegetarian	Pasta with a Selection of toppings	Jacket Potato with a selection of toppings	Pasta with a Selection of toppings	Jacket Potato with a selection of toppings	Pasta with a Selection of toppings
	Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal vegetables	Seasonal vegetables	Baked Beans or Garden Peas
	Dessert	Lemon Cake or Fresh Fruit	Catherine Wheel Cookie Or Fresh Fruit	Fruit Salad & Ice Cream or Fresh Fruit	Jam Sponge and Custard or Fresh Fruit	Chocolate and Mandarin Brownie or Fresh Fruit

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection