

Spring Menu 2021










-  Added Plant Power
-  Vegan
-  Wholemeal

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One	Option 1	Macaroni Cheese V11 	Pork Sausage, Mashed Potatoes and Gravy P3	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Chicken Tikka Curry with 50/50 Rice C45  	Fishfingers/ Salmon Fishfingers with Chips F6/ F1
	Option 2	Jacket Potato with Cheese, Beans or Tuna	Pasta in Tomato Sauce or Tuna	Pasta in Cheese Sauce	Jacket Potato with Curry, Cheese or Beans	Pasta in Tomato Sauce
	Option 3	Soya Spaghetti Bolognaise V18 	Vegetarian Sausages, Mashed Potato and Gravy NEW 	Vegetable Wellington with Roast Potatoes and Gravy V12 	Lentil and Sweet Potato Curry with 50/50 Rice V108  	Wholemeal Cheese and Tomato Quiche with Chips V49 
	Vegetables	Carrots Peas	Cabbage Broccoli	Swede and Carrot Mash	Cauliflower Carrots	Baked Beans Peas
	Dessert	Marble Sponge with Custard D199	Pineapple Cake D164	Fresh Fruit or Yoghurt	Apple, Cheese and Crackers D4	Chocolate Cocoa Cookie D40
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Two	Option 1	Sausage Roll with Wedges P19	Mexican Beef Chilli with 50/50 Rice B15  	Roast Turkey with Roast Potatoes and Gravy	Salmon Pizza with Wedges 	Fish in Batter with Chips F3
	Option 2	Jacket Potato with Beans Cheese or Tuna	Jacket Potato with Chilli, Tuna or Cheese	Pasta in Cheese Sauce	Pasta with Tomato Sauce Cheese or Tuna	Jacket Potato with Cheese or Beans
	Option 3	Tomato and Vegetable Pasta V160 	Vegetable Hotpot V41 	Quorn Roast Fillet with Roast Potatoes and Gravy V150 	Chickpea Curry with 50/50 Rice V62  	Cheese Frittata with Chips V24
	Vegetables	Sweetcorn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Coleslaw Mixed Salad	Baked Beans Peas
	Dessert	Oaty Apple Crumble and Custard D71 	Chocolate Cake with Chocolate Drizzle D198	Fresh Fruit or Yoghurt	Pear and Ginger Slice D9	Orange and Lemon Shortbread D194 
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Three	Option 1	Beef Burger in a Bun with Potato Wedges	Chicken and Sweetcorn Pie, New Potatoes and Gravy C21	Roast Pork with Roast Potatoes and Gravy	Cottage Pie with Gravy B38 	Fishfingers with Chips F6
	Option 2	Pasta in Cheese Sauce or Tuna	Pasta with Tomato Sauce or Tuna	Pasta with Cheese Sauce, Cheese or Tuna	Jacket Potato with Cheese Beans or Tuna	Pasta with Tomato Sauce, Tuna or Cheese
	Option 3	Jacket Potato with BBQ Beans SD88 	Five Bean Chilli with 50/50 Rice V138 	Potato and Courgette Stack with Roast Potatoes V10	Broccoli and Cheese Pasta Bake V51	Vegan Mexican Bean Roll with Chips V161 
	Vegetables	Coleslaw Mixed Salad	Sweetcorn Broccoli	Peas Cauliflower	Green Beans Carrots	Baked Beans Peas
	Dessert	Oaty Cookie D85  	Banana Sponge and Custard D173	Fresh Fruit or Yoghurt	Chocolate and Mandarin Brownie D170	Peaches and Ice Cream D166